

# CU Index®\*

Test Code: 2103

## Clinical and Procedure

### Clinical Utility

Patients with a chronic form of urticaria who are positive (> 10) with the CU index® have an autoimmune basis for their disease. A positive result does not indicate which autoantibody (anti-IgE, anti-FcεRI or anti-FcεRII) is present.

### Procedure

Ex-Vivo Challenge and cell culture: Donor blood cells are incubated with patient serum, a negative control and a positive control. Following the ex-vivo challenge, the cells are centrifuged and the supernatant is recovered for assay of histamine released. Histamine Analysis: Using a quantitative enzyme immunoassay, the histamine released into the supernatant is measured and compared to the total histamine in the basophils. This test has not been cleared or approved for diagnostic use by the U.S. Food and Drug Administration.

## Turnaround Time

2-3 business days from receipt of specimen

## Specimen Information

Specimen Type	Order Code	CPT Code	NY Approved	Volume	Assay Range
serum	2103	86352	No	1 mL (min. 150 uL)	1-50

#### Special Instructions

- Collect t3-5 mL whole blood in a serum separator tube (SST).
- Centrifuge specimen within 2 hours of draw to pellet cells below the gel.
- Patients taking calcineurin inhibitors should stop their medication for 72 hours prior to draw. Patients taking Prednisone should be off their medication for 2 week prior to draw
- Can be shipped at ambient or frozen temperature Monday through Friday.

1-50

## Disclaimer

Specimens are approved for testing in New York only when indicated in the Specimen Information field above.

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